**February 2015**

**Plan for Active School Flag**

Use Operation Transformation activities for weeks 3,4,5 at 12.20 each day

**There are four weeks and four PE lessons in February**

**Please take a picture with your phone of one activity and put it in Drop Box**

**Group pics only – no close ups**

**Give the pica title e.g. Miss Barrett’s class using the Operation Transformation website**

**Junior Infants**

Regular PE: All infant classes are doing gymnastics and athletics

Also use the activities on the Operation Transformation website….weeks 3,4,5

**Senior Infants**

Operation Transformation exercises for weeks 3,4,5

Regular PE:

Miss Murphy: Gymnastics and dance

Miss McSweeney: Cardio games from Operation transformation

Miss Tyrrell: Dance

**First and second classes**

Operation Transformation exercises weeks 3,4,5

Regular PE:

Miss Hayes: swimming

Mrs Whittle: Dance

Mr Kirwan; swimming

Miss Kearney: dance

Miss Frewen: Gymnastics and dance

Miss Keating: Unihoc, quoits and hula hoops games

**Active Flag February 2015**

**Operation Transformation weeks 3,4,5**

**Third class**

Planned activities for Alex(Mr O Leary, Caroline F.)

Regular PE:

Mrs Smith: Rounders

Mrs Glynn: Swimming

Miss Barrett: unihoc

Boys hurling competition at lunchtime for all thirds

**Fourth class**

Regular PE:

Miss Dollard: Unihoc

Miss Slattery: Basketball

Miss Looney: Gymnastics

Boys hurling competition at lunchtimes for all fourths

**Fifth and sixth classes**

Miss Tallon: gymnastics, volleyball with Gaelscoil Secondary (6 weeks)

Miss Dennehy: Unihoc, volleyball with Gaelscoil Secondary (6 weeks)

Miss Power: unihoc

Mr Kehoe: Dodgeball

Mrs Walsh: Volleyball

Miss Kennedy: Volleyball

Boys begin lunchtime hurling competition

Girl’s camogie training at lunchtimes