**January 2015**

**Plan for Active School Flag**

**Operation Transformation to begin on the third week in Jan**

**See accompanying page**

**There are three weeks and three pe lessons in January**

**Please take a picture with your phone of one activity and put it in drop box**

**Group pics only-no close ups**

**Give the pic a title e.g. Miss Barret’s using the Just Dance website**

**Junior and Senior Infants**

Regular PE: All infant classes are doing gymnastics

Also Use the activities on the Operation Transformation website

**First and second classes**

Regular PE:

Miss Hayes: Gymnastics

Mrs Whittle: Swimming

Mr Kirwan: Gymnastics

Miss Kearney: Gymnastics

Miss Frewen: Gymnastics

Miss Keating: Gymnastics

**Active Flag January 2015**

**See accompanying page for Operation Transformation activities**

**Third class**

Planned activities for Alex (Mr O Leary, Caroline F)

Regular PE:

Mrs Smith: Station activities

Mrs Glynn: Rounders

Miss Barrett: Swimming

Boys hurling competition at lunchtimes for all thirds

**Fourth class**

Regular PE:

Miss Dollard: Hoops and Unihoc

Miss Slattery: Dance

Miss Looney: Dance

Boys hurling competition at lunchtime for all fourths

**Fifth and sixth classes**

Miss Tallon: Gymnastics, Volleyball with Gaelscoil Secondary (6 weeks)

Miss Dennehy: Swimming Volleyball with gaelscoil Secondary (6 weeks)

Miss Power: Swimming

Mr Kehoe: Basketball and benchball

Mrs Walsh: Unihoc, Dodgeball and volleyball

Miss Kennedy: Irish dancing

**Junior ASD unit**

Regular PE: Ball skills and basketball

Inclusion: Ciaran to Miss Power, Dylan to Miss Slattery, Alana to MissTallon

**Senior ASD**

Regular PE: Ballwork and obstacle courses

Inclusion: John to Miss Hayes, Cian to Mrs Smith